

Women Excelling

**Keynote: Suzanne Cody,
Director of Business
Development at MG Architects**



**Topic: “Help A Girl Out –
Menstrual Equity in Berks County”**

Thursday, August 10, 2023

Berkshire Country Club

1637 Bernville Road, Reading, PA 19601

The mission of the American Business Women’s Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.

***Changing Women’s Lives
One Woman at a Time***

For more information about ABWA’s Women Excelling, contact us at abwa.we2018@gmail.com or visit our website at <https://womenexcelling.abwa.org>.

Join the Women Excelling chapter of the American Businesswomen’s Association for our monthly networking meeting and a presentation by special guest **Suzanne Cody**, Director of Business Development at Muhlenberg Greene (MG) Architects where she brings oversight in all aspects of nurturing the client relationships and identifying new prospects and business trends for the group. The program will bring to light the hidden-health issues affecting girls and women in the United States. Specifically, discussing Period Poverty which is an often-unspoken public health crisis, defined as the inadequate access to menstrual hygiene products and education. Suzanne will explain how Period Poverty particularly effects lower-income families as they have less access to sanitary products, washing facilities, and waste management, including statistics and describe how legislation and taxation affect the menstrual equity. Suzanne will share why she is passionate about this topic and how it led her to join other local businesswomen and the Junior League of Reading to rally in a grassroots effort to help their local girls and women. Suzanne will also provide information on how you can get involved to help her combat the problem in our region.

Suzanne’s passion to serve her community does not stop with helping women. Suzanne serves as the Board Secretary on the Foundation for the Reading Pagoda, Assistant Chair of the Advocacy Committee for the Junior League of Reading and is involved with the Membership Committee for the Society of Marketing Professionals Services, Central PA Chapter. Suzanne is a selected mural artist for the Outdoor Galleries at South of Penn and 4th and Cherry Garages where her work, *We are Each Other’s*, is currently displayed through the public art initiative.

Professionally, Suzanne holds an Associates of Science degree in Interior Design from the Art Institute of Fort Lauderdale, Bachelor of Fine Arts in Interior Design at Moore College of Art in Philadelphia, a certificate in Organizational Leadership from the Delaware County Chamber of Commerce, and an Integrated Marketing Certificate from Penn State.

All are welcome to attend. Breakfast program is \$25 for ABWA members; \$35 for guests. You may register in advance at <https://womenexcelling.abwa.org/events> or payment will be accepted at the door; cash or check only made payable to “Women Excelling”. Registration is required by than August 8th.

